



## **Keynote and Workshop Abstracts**

### **Wednesday, June 18**

**9:00-10:15**

#### **Keynote Address**

##### **Anna Salter, PhD – What Works: Reducing Sexual Offending**

This keynote presentation will address the issue of offender punishment, treatment and recidivism. The emphasis will be identifying what works best in reducing recidivism based on empirical research findings. We will explore the reasons for incarceration as it relates to punishment and incapacitation of the offender, its impact on potential offenders, and justice for the victim. The presentation will also introduce research findings of several offender treatment programs and approaches and their impact on recidivism. These examples include severe sanctions, incarceration vs. probation, longer vs. shorter sentences, intermediate sanctions vs. standard supervision, electronic monitoring, fines, restitution, intensive surveillance, *Scared Straight*, drug testing, and juvenile Boot Camp.

### **Wednesday, June 18**

**10:30 – 12:00**

#### **Kelly Otte – The Biggest Mistakes Executive Directors Make with Their Boards and How Not to Make Them**

One of the most important aspects of an executive director's job is to make absolutely certain that their board of directors is high functioning. Not knowing how to do that means that your organization is only as half as strong it could be and that fewer people are served and fewer dollars are raised. In addition, not knowing how to handle the fine balance of both serving and leading the board has been the demise of many good executive directors. This workshop will explore the most common mistakes that executive directors make with their boards as well as provide some concrete suggestions on how to avoid making them!

#### **Anna Salter – Protecting Children from Sexual Predators**

Abstract not available.

### **Robin Josef & Andrea Garwood – Collaborating with Faith Communities to End Sexual Violence**

This workshop will provide strategies on how to effectively market prevention programs and social services to faith-based leaders and congregations. It will also explore various methods of collaborating with faith-based organizations to better serve the mutual interest of the community. In addition to exploring marketing strategies and linkage programs, participants will learn how faith-based organizations may provide supplemental social services and emotional support for survivors, their families and loved ones. Lastly, this workshop will identify various methods of training ministry leaders and laypersons to become political and social activists in this arena.

### **Brian Ogawa – Morita Therapy and Trauma: Practical Approaches to Victim Assistance**

This workshop provides an overview and application of the philosophy and principles of Morita therapy. This holistic therapy is practiced and taught internationally as a unique transcultural and practical intervention and treatment method for a wide variety of health concerns, including post-trauma, anxiety disorders, depression, terminal illness, eating disorders, and phobias. The focus will be on Morita therapy's usefulness for practitioners serving crime victims and survivors. Case examples, interactive instruction, and experiential learning will be integral to the seminar.

### **Maria LaRocco – Sexual Assault Survivor Services for the Deaf Community: Cultural Considerations**

“Deaf community” is a phrase used to refer to a group comprised of people who are culturally deaf as opposed to those who are deaf from the medical/audiological perspective. This group possesses a cultural and linguistic richness that remains a mystery to the majority of the population. The differences that distinguish the deaf community from the hearing majority can often be misunderstood or act as barriers to community members who are survivors of sexual assault. This workshop will help participants identify these barriers and implement the appropriate solutions, creating services accessible to the deaf community and give everyone a voice that can be heard.

## **Wednesday, June 18**

**1:15 – 2:45**

### **Kelly Otte – Delegation, Time Management and Leadership**

Managers working in sexual violence and human service organizations have important jobs. Your time is one of the most valuable assets that you bring to the work and learning how to maximize the use of your time is essential to being an effective manager. One strategy for coping with the workload managers have is to master the art of delegation, which is also one of the most powerful leadership development tools. This workshop gives a solid overview of time management and delegation strategies helpful to people working in crisis driven, underfunded organizations. We will discuss common “time stealers” and tips for mitigating them, techniques for making meetings more time productive, and the reason why, even in environments where we are often afraid to give our team members “more work to do,” delegation is essential to personal and professional development.

### **Lucane LaFortune – Creating Empowering Prevention Models for Adolescents**

This experiential workshop is designed to help service providers create healthy partnerships with children and teens by examining power relationships through the lens of adultism. Participants will be able to analyze their personal attitudes and beliefs that translate into oppressive actions and behaviors which in turn create barriers to the empowerment of children and teens. These barriers have significant consequences that are deeply connected to teen dating violence and pregnancy among other things. Participants will also analyze the reinforcement of those behaviors through social institutions, laws, and customs.

### **BeBe Westbrook – Rape Culture in the United States**

We live in a “rape culture” where sexual violence is normalized, rationalized, validated, condoned and encouraged. This presentation uses media images that portray “harmless” sexism and misogynistic practices to foster and promote disempowerment of women. Rape culture promotes hyper-masculinity, imbalances of power and privilege based on gender, race, and sexual orientation, and sexual objectification to portray rape, sexual assault and sexual violence as acceptable. This presentation provides participants with the ability to identify personal and collective action that can be taken to create social change achieving gender equality and non-violent social norms, attitudes and practices.

### **Angelica Gonzalez & Christina Lalama – Finding a Healing Voice: Therapeutic Interventions for All Ages**

In this workshop presenters will provide participants an overview on the effect of sexual abuse and sexual assault across the lifespan. This will foundation will help participants understand how interventions using different modalities in therapy can be useful for different clients. Presenters will explain interventions that include elements of play therapy, art therapy and psychodrama each intervention, and attendees will be able to practice them in the workshop. Having experienced the interventions, participants will better be able to utilize them as needed with their clients.

### **Erika Smith – Re-thinking Recovery: The Impact of Aerobic Exercise on Adult and Childhood PTSD, Anxiety and Depression**

Research shows that aerobic exercise is a beneficial and cost-effective treatment for reducing symptoms of PTSD, depression, and anxiety in both adults and children. This presentation will include a discussion of both practical implications and how participants may apply this knowledge from the research to working with survivors in their own communities.

## **Thursday, June 19**

**9:00 – 10:30**

### **Kimlynn Cohen & Kymberly May – Community Supervision: Probation and Beyond**

This workshop will help advocates who assist victims of offenders sentenced to prison, or post prison supervision understand the different types of supervision provided by the Florida Department of Corrections. Participants will learn the statutory references to supervision and how the Department fulfills those requirements. Participants will gain an understanding of the different methods of electronic monitoring used by the Department and the advantages and disadvantages of each. This information will help advocates better understand probation in its many forms

**Ann Loonstra – Dialectical Behavior Therapy Skills Training for Adult Survivors of Childhood Sexual Violence**

This workshop will outline the use and effectiveness of dialectical behavior therapy (DBT) skills group treatment for adult survivors of childhood sexual violence. DBT is a cognitive behavioral treatment model that integrates principles drawn from Eastern (Zen) practice with traditional Western psychological methods. Treatment is divided into four stages each of which addresses a specific area of behavioral, emotional, or cognitive instability. Behavioral progress is self-monitored with diary cards. The workshop will demonstrate how DBT skills can be used to address and alleviate distressing psychological symptoms experienced by adult survivors of sexual violence in childhood.

**Tracy Wright – Hip Hop: Exploitation of Women of Color**

This workshop will examine hip hop, its culture, misogynistic themes, the social infrastructure that supports its appeal, and the impact on women of color.

**Mark Lazarus & Wendy Hallowell – Death Penalty Cases: Preparing Advocates and Families Attending an Inmate Execution**

Although executions are relatively few in number, the survivors have usually waited a long time, sometimes 25 years, for the sentence to be carried out. Survivors must again dredge up painful memories after proceeding through trial, appeals and numerous delays. The death penalty is an emotionally charged topic that survivors are caught up in. This workshop will describe the process that many survivors go through in making the decision whether to attend the execution or not. We will also describe the process survivors go through when attending an execution.

**Aurelia Sands-Belle – So You’re Thinking About Applying for that Executive Director**

**Job: 10 Things I Wish Someone Had Told Me Before I Took the Reins**

This workshop will address the challenges, obstacles, and leadership threats and opportunities that are critical to doing the job of a not-for-profit executive director. Attendees will learn new skills, survival techniques, best resources, and leadership principles needed to run a not-for-profit and work effectively with a board of directors.

**Thursday, June 19**

**10:45-12:15**

**Keynote Address**

**Michelle Garcia, MPP – Stalking and Sexual Violence**

Research indicates that there is a connection between stalking and sexual assault – both pre- and post-assault. We will address the nature of stalking, including the intersection of stalking and sexual assault, and discuss ways in which this information should impact our responses to and services for victims. We will also explore how recognizing the intersection between stalking and sexual assault may contribute to greater offender accountability and decreased victim blaming.

**Thursday, June 19**

**2:00 – 3:30**

**Nola Theiss – What Victim Advocates Need to Know About the U.S. Trafficking Victims Protection Act, the T-Visa and Florida Anti-Trafficking Legislation**

Since 2000, federal laws, including the Trafficking Victims Protection Act, and state laws, including Florida's, have instituted benefits for victims of human trafficking and penalties for traffickers. Learn how victim advocates and service providers can identify victims and facilitate the certification process for the T-Visa and access benefits for their clients. Recent changes and developments in the laws will be discussed. This training will provide an opportunity for an exchange of ideas among agencies and service providers to encourage collaboration among governmental and non-governmental agencies, law enforcement and community organizations to obtain the best possible care for human trafficking victims.

**Monica Ramirez & Nora Curtin – Addressing Sexual Assault Against Farmworker Women in the Fields**

Due to their vulnerability, farmworker women are routinely exposed to exploitation by their employers. The power and control dynamics in the workplace frequently result in farmworker women facing workplace-related sexual assault and harassment, which often goes unreported. This interactive workshop provides an overview of the issues facing these women and the resources available to help them. The presenters and participants also strategize about effective ways to address these issues and to raise awareness about these problems.

**Condencia Brade – What's Support Got to Do with It? Allying with Women of Color**

This workshop is for folks who are truly committed to supporting Women of Color leadership and influence in the movement to end sexual assault. It will require you to laugh, be honest, and dialogue with others. This is not a workshop for you to just listen but rather to fully participate as we explore this topic. We will address what it means to be an effective ally for Women of Color doing this work. We will address barriers to Women of Color leadership and explore motivations for ally work and individual commitment to supporting Women of Color.

**Joseph Schiller & Fabienne Vendrys – Domestic Violence in the Haitian Community**

This workshop will focus on culture specific beliefs and attitudes prevalent in the Haitian communities that condone domestic violence and culturally sensitive and effective strategies useful in holding perpetrators accountable for their actions. The workshop will address issues relevant to the immigrant population, such as their struggle in assimilation and acculturation into the American way of life. Further, the presenters will focus on providing victim advocacy and tools to empower Haitian women and children who are victims of domestic violence.

**Diane Larochelle – Bearing Witness: Listening, Hearing & Healing with Survivors of Sexual Violence**

This workshop will teach participants to develop and facilitate a client focused psycho-educational peer support group for survivors of all forms of sexual violence. Special attention will be afforded to pre-group assessment (needs assessment of survivors), curriculum development and implementation and outcome assessment to be used for both program improvement and funding proposals. User friendly/ready adaptable tools for assessment, group activities, homework assignments, and short term case planning will be provided to the

participants. Assessments and tools have been utilized with special populations including differently-abled adults, teens, and secondary victims.

## **Thursday, June 19**

**3:45 – 5:15**

### **Gretchen Howard – Replicating Programs: How to Implement Effective Programs on Little Funding**

This interactive workshop will cover the critical components for replicating a program in a region, rural county or small agency that has extremely limited funding opportunities.

### **Nancy Tanner, Dennis Siegel & Maria Schneider – Choir Practice for Advocates and Prosecutors: Working in Harmony for Victims of Sexual Battery**

This workshop will demonstrate the intrinsic interconnectedness of professionals working in adult prosecution, juvenile prosecution and victim advocacy. Participants will learn about prosecutors' responsibilities to the victim, the community and the court; examine differences in prosecuting adult perpetrators of sex crimes vs. juvenile perpetrators; and discuss practical ways for working with prosecutors and prosecutor based victim/witness counselors.

### **Suzanne Quinn – Improved Victim Advocacy: Best Practices in Culturally Competent Community Outreach**

Cultural competency is attaining and integrating cross-cultural concepts into everyday life on the individual, workplace, and community levels. This workshop provides an interactive examination of issues in providing culturally competent services to victims of crime and applies these concepts to enhance victim outreach efforts. The training will help agencies move from understanding that diversity exists to realizing that cultural competency is a key component in reaching targeted populations in the most relevant and meaningful way. Through a series of workshop activities, the training explores the challenges and benefits of providing culturally competent care for victims and gives examples of outreach programs that reflect best practices in victim advocacy.

### **Deborah Winchok-Ebert – The Silent Victim: Elder Sexual Abuse**

The workshop will teach the audience what signs to look for in adult sexual abuse, learn the statistics of adult sexual abuse, and how important it is to collaborate with other professionals, caregivers, and community groups to address adult sexual abuse. The primary goal is to provide the audience with an understanding of how an effective multidisciplinary group can help the aged.

### **Aurelia Sands-Belle – Extending Sexual Violence Outreach to At-risk Teens**

This interactive workshop will engage the participants in an application of developmentally appropriate outreach techniques to at-risk teens. Materials will cover key considerations in the hiring, screening, and training process for counseling or victim advocates who will work with at-risk youth.

**Friday, June 20**

**8:45 – 10:15**

**Lynn Rosenthal & Gail Monahan – Poverty & Sexual Violence: Building Linkages with Public Housing**

This workshop will cover the new provisions in the Violence Against Women Act covering sexual assault and domestic violence in public housing. Participants will develop action plans for building relationships with public housing authorities to better serve survivors and educate their communities.

**Katrina Lacy – Privilege & Confidentiality**

The workshop will cover the importance of confidentiality, particularly focusing on its importance to survivors and non-profit victim advocacy centers. We will review the current Florida statutes relating to privilege and confidentiality and discuss the differences between the two. Participants will learn about eligibility to claim privilege, how to respond to subpoenas, general release of information, and informed consent. Participants will apply the information through practice scenarios related to privilege and confidentiality. The workshop will conclude with a review of best practice to address the civil needs of sexual assault survivors and the professionals/programs that serve them.

**Dr. Sergio Llanes – The Woman, Her Health and Domestic Violence**

This workshop will explain the relationship between domestic violence and health. Anyone in a constant state of hyper-vigilance is more susceptible illness and disease. The workshop also covers the importance of screening for domestic violence when health care practitioners treat patients with cancer, lupus, heart attacks or any other condition.

**Pablo Lorenzo – Fatherhood and Family Violence: Listening to Immigrant Fathers in South Florida**

Abstract not available.